



Saturday - October 29th 2022

07:30 - 08:00 (GMT +0200)	Group breakfast and introductions	
08:00 - 08:45 (GMT +0200)	Hot foot in cycling	Mark Cresswell
08:45 - 09:30 (GMT +0200)	Handlebar Hazards - Neural Impingement of the hand and wrist	Linda Probyn
09:30 - 09:45 (GMT +0200)	Break	
09:45 - 10:30 (GMT +0200)	Morel Lavallee	Tudor Hesketh Hughes
10:30 - 11:30 (GMT +0200)	Road Cycling Injuries	Howard Galloway
11:30 - 15:00 (GMT +0200)	Cycle tour + lunch (optional)	